

Name: _____

County: _____

Date: _____



Health and Safety Aspects – MSHA Sand and Gravel

1. Chemicals which can cause health effects have 5 basic ways of entering the body:

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____

2. Describe 3 critical pieces of information you can learn from a Safety Data Sheet:

- 1) _____
- 2) _____
- 3) _____

3. Hazards of Occupational Noise: it can cause _____; it can interfere with _____; it can be _____; it can reduce _____.

4. Describe 3 ways to control dust coming into the cab of your truck or equipment:

- 1) _____
- 2) _____
- 3) _____

5. One of the *least* dependable ways to ensure exhaust fumes are removed from the work area is to rely solely on: _____

6. Successful assessment for someone who is 'down', or unconscious involves the "ABCs" of fundamental First Aid. What are the ABCs of First Aid:

- a) Check their A _____ for anything blocking it
- b) Check to see if they are B _____
- c) Check for C _____ by looking for a pulse