

Name: _____

County: _____

Date: _____



MSHA 2020: Basic First Aid and Emergency Action Quiz

1. MSHA standards state that one person each shift should be capable of basic first aid.

Name **three** examples of basic first aid discussed in this class:

a. _____

b. _____

c. _____

2. Cardio Pulmonary Resuscitation (CPR) is performed at approximately _____ beats per minute.

3. Bleeding is a serious hazard when an artery is damaged. Name **two** ways to control bleeding:

a. _____

b. _____

4. The "Heart Attack Warning Signs" video discusses warning signs of heart attacks. Name **two**:

a. _____

b. _____

5. Name **two** physical issues to look for in someone suspected to have a head injury:

a. _____

b. _____