Name: _____
County: _____
Date: _____

MSHA Basic First Aid and Emergency Action Quiz

1. MSHA standards state that one person each shift should be capable of basic first aid.

   Name **three** examples of basic first aid discussed in this class:

   a. _____

   b. _____

   c. _____

2. Cardio Pulmonary Resuscitation (CPR) is performed at approximately _____ beats per minute.

3. Bleeding is a serious hazard when an artery is damaged. Name **two** ways to control bleeding:

   a. _____

   b. _____

4. The "Heart Attack Warning Signs" video discusses warning signs of heart attacks. Name **two**:

a._____

b. _____

5. Name **two** physical issues to look for in someone suspected to have a head injury:

a._____

b. _____